

CORONAVIRUS (COVID-19) PREVENTION



Wash your hands often with soap and water for at least 20 seconds.



Cover your cough or sneeze with a tissue. If you don't have a tissue, cough or sneeze into your sleeve or elbow.



Clean and disinfect frequently touched objects and surfaces.



Avoid touching your eyes, nose, and mouth.



Stay home when you are sick, except to get medical care.



Avoid close contact with people who are sick.